



GLOBAL FOOD GARDEN

SMART SUSTAINABLE FARMING

AN ONLINE TRAINING COURSE

Global Food Garden enables vibrant and sustainable communities by focusing on sustainable farming methods, vocational training and entrepreneurship.

**5 Months
Online
Course**



15. Oct. 2025
- Feb. 2026



10 online sessions
4pm CAT



Your team?
You?

Course Topics



Wicking Beds

A simple, water saving vegetable cultivation method.



Farming knowledge

How to grow your vegetables healthy and strong.



Food processing

Prolonging shelf life of your vegetables with simple methods.



Entrepreneurship

How you can turn your project into a small business.



Vision and growth

How your farm and impact can grow.



Network building

Together we are stronger and we can learn from one another.

The Trainers



Daniel Johansson
Engineer, founder & CEO
Global Food Garden



Peder Wenderfors
Organic gardener, pastor &
entrepreneur



Dietmar Schwarz
Retired scientist for
vegetables & ornamental
crops



Jenny Jakobsson
Sustainability strategist,
entrepreneur
& lecturer



Gina Strydom
Farmer & Foundations for
Farming teacher



Chris Barsulo
PhD in insect farming,
runs agricultural school in
Indonesia



Daniel Koch
Food scientist with expe-
rience in fairtrade & pro-
duct development

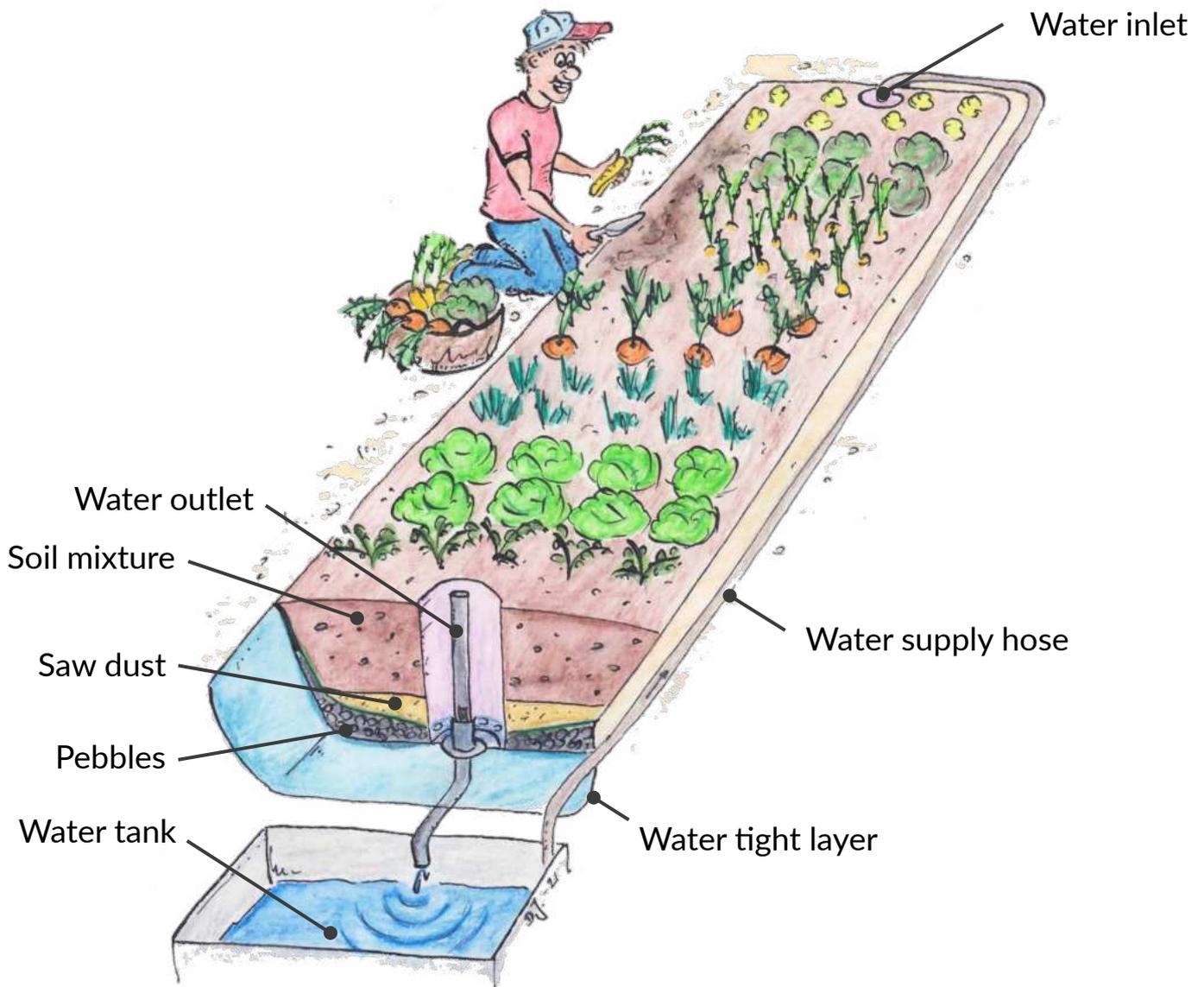


Tomas Hagwall
Business developer &
innovation management
leader

Mentoring Program

During the training, you will be supported by online mentors. They will provide answers to your questions, will help to find solutions when you encounter problems and will encourage you in your journey. They will help you to get the most out of this training course.

Wicking Beds



Wicking Beds combine traditional gardening with a water circulation system. This has the following advantages:

- Wicking Beds can be built with locally available materials.
- Wicking Beds reduce water consumption.
- Capillary irrigation stimulates the roots to grow deeper and thus strengthens the plant.
- You can regulate the humidity in the soil.
- Water and fertilizer stay in the system. They are collected in a water tank, and then circulated back into the Wicking Bed.

Who is this course for?

This training is for you, if:

-  you are an entrepreneur having built up successful business activities on your own initiative, finances and strength.
-  you have a big focus on entrepreneurial and vocational training for young people, often from poor backgrounds.
-  you are locally rooted, and have at least a little experience in vegetable cultivation.

Investment

Investing in your Wicking Bed:

- Material
- Access to a place to build the Wicking Bed

Investing in your Training:

The training cost for each individual is USD100.



Commitment

All participants need to commit to:

- Attending all training sessions and completing all assignments
- Building a Wicking Bed
- Participating in all impact measurement initiatives



Success Stories

Madagascar

They run a small school as well as agricultural projects. Growing vegetables plays a central role in everyday school life. The children learn to produce their own lunchtime meals. As soon as the course started, the knowledge was passed on to the students. The practical implementation of Wicking Bed construction is combined with subjects such as maths, geology and languages, which makes the lessons more tangible.



Democratic Republic of Congo

They had to deal with a shortage of space in the city of Bukavu. At a kid's camp, they taught 165 children how to build Wicking Beds out of waste material. The kids brought the knowledge home to their families who then were able to build their own Wicking Beds and to grow vegetables for themselves.

Honduras

Due to time zone difference they were only able to watch the video recordings of our training. Still they were able to build their own Wicking Beds and started to run their own training courses. A few months later they introduced the Wicking Beds to the National University of Honduras to train students in this technology.



Get in touch

Thank you for your interest in our training courses. If you want to get more information or a quote, please feel free to contact us.

GLOBAL FOOD GARDEN

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Registration

Registration will be open from 15 September until 10 October 2025.

You can register on the following website link below or through the QR code:



<https://forms.gle/7KM51btovtHHAdww7>

